APA Style Checklist

As you write your papers, these tips may help you remember everything that is needed to successfully put together your APA paper.

Title Page:

Title page has:
Running head: SHORT ALL CAPS TITLE
This is flush left, 1/2 inch from the top. Page number 1 is flush right on the same line.
The title should exactly match the paper title but shortened if needed to accommodate
no more than 50 spaces in length, including spaces.
Title information in included per my APA & my instructor: first letter of any major
words capitalized (4 words or greater), double spaced, centered in the upper half of the
page. Times New Roman 12 pt. font, no use of bold, italics, underlining, or abnormal
font size.
My name is double spaced under the title. It is not bold, underlined, or abnormal font.
The institutional affiliation is double spaced under my name. It is not bold, underlined,
or abnormal font.
Any other information required by my program is double spaced under the institutional
affiliation. It is not bold, underlined, or abnormal font.
The plagiarism statement is provided per my degree program's specific instructions
(this is program specific and varies as to its placement on the first page, 2 nd page or not
used at all).

General Formatting:

∐	Each page header has the title in all caps, starting from the left margin, with the page
	number flush right, all on the same line. The Header matches what was used on page 1
	but the part, Running head, is omitted for the remainder of the pages.
	Entire document is double spaced only.
	Margins are 1 inch on all sides, top, bottom.
	Heading levels are consistent with APA 6 th ed. (see
	http://blog.apastyle.org/apastyle/2009/07/five-essential-tips-for-apa-style-
	<u>headings.html</u>)
	Paragraphs in the body of the paper are indented 5-7 spaces or one tab stop.
	Spacing between sentences is 2 spaces.
	Lists can be enumerated or bulleted. Within a single sentence for short lists use the
	format, (a), (b), etc. For a list of sentences or short paragraphs, use a list format:
	1.
	2.
	Bullets can be used if it better describes the list but not preferred, e.g. a lot of numbers
	are used in the list.
	Personal pronouns and rhetorical questions only appear when absolutely necessary.

Order sequence of my paper is: Title Page, Abstract*, Body of Paper, References,
Tables*, Figures*, Appendices*. (I understand that the ones with asterisks are not
required.)
The paper title is repeated in full on the first page of the body of the paper The first
letter of any major words are capitalized (4 words or greater).
I have not used contractions.
I used the spell check on my word processor and read through the paper carefully to
catch any typos, left out words, punctuation issues, etc.
Once I start typing the body of my paper there are no forced page breaks until I have
finished the body of the paper and am ready to type the References list.
I have omitted the use of slang.
For any numbers written in the text, I have spelled out zero through nine and the rest
are Arabic numerals.

Abstract (if required):

The abstract is on page 2.
Header is without the words, Running head. The header text is in all caps and page number 2 is flush right margin. All are on the same line. This continues throughout the
remainder of the paper and should be set up using the word processor functionality of headers/footers. See the <u>APA 6e Guide</u> for help with this.
The page title Abstract is centered, 1 inch from top of page. It is not in bold, caps, and standard 12 pt. Times New Roman font.
The abstract is 150-250 words and is block style aligned to the left.

In Text Citations:

📙	All sources cited in text are also in the References list with the exception of classical
	works (including the Bible*) and personal communication.
	*One exception to this is when quoting commentary (not actual scripture) that is
	included with the Bible. In that case, cite per any other book entry.
	Direct quotations include the author (or title if no author), the date, and specific part of
	the source (page #, paragraph # or section title). (See the <u>APA 6e Guide</u> for examples.)
	All quotations < 40 words are enclosed in quotation marks. The in text parenthetical
	phrase comes before the ending punctuation.
	All quotations > 40 words are shown as an indented block quote with no additional
	beginning paragraph indenting. The parenthetical phrase comes after the punctuation.
	Paraphrasing is a restatement of the original source in my own words.
	Paraphrased in text citations include the author (or title if no author) and the date. (See
	the APA 6e Guide for examples.) It is optional to include the specific page, paragraph,
	or section of a source that is paraphrased.
	For any multi author sources, for any sources with > 3 and < 6 authors they are all
	written out the first time, but subsequent use, I can use the first author followed by et
	al.

If the information for the in text citation is included in the body of text I am writing and
I have multiple authors, the word <i>and</i> is spelled out, Jones, Smith, and Black (2010)
If the information for the in text citation is all included in a parenthetical phrase an
ampersand is used to separate the next to last and last authors, e.g. (Jones, Smith, &
Black, 2010).
For six or more authors, cite the surname of the first author and use, et al., the first time
that source is used and any subsequent in text citations for that source.
When an author is repeated within a paragraph, with no other sources used in between,
I can omit the date. For a new paragraph, I have included all the elements of the in text
citation per above.
I have appropriately cited secondary sources. See the <u>APA 6e Guide</u> .

References

The page title, References, is centered, 1 inch from the top of the page and starts a new page. Standard 12-point font should be used, without effects such as bolding, italics or underlining
underlining. All sources listed in the References have at least 1 corresponding in text citation.
References are listed in alphabetical order.
All lines are double spaced and for each entry the hanging indent is used. See the \underline{APA}
<u>6e Guide</u> for instruction on formatting this.
For electronic articles, a DOI is used at the end, if available.
For the format of the DOI, I have been consistent in using either:
doi:10.xxx/xxx.xxxx OR
http://dx.doi.org/10.xxx/xxx.xxxx
For electronic articles, if there is no DOI, then use the publisher's home web site. See
http://www.indwes.edu/ocls/APA/ElectronicArticlesAPA.pps
Only initials are used for first and/or second names of authors. There is a space
between initials, e.g. Lewis, C. S.
If there are multiple authors, they are listed in the order they appear on the original
source. Authors in the references are separated by commas (even for 2 authors) and an
ampersand is used before the last one.
Titles of books, journals, technical reports are given in italics, as are journal titles and
volume numbers.
Titles of books, journal articles, web sites are in lower case except for the first word,
first word after a colon and any proper nouns.
The title of a web page that is an article contained in a larger web site is not italicized.
Likewise, journal article titles and book article titles are not italicized.
For any citations ending with a URL all hyperlinking (blue, underline) is removed and
there is no period at the end of the hyperlink.
Issue numbers are enclosed in parenthesis and not formatted with italics.
Paging is given as a range (e.g. 45-56) without using p. or pp. except for newspapers or
magazines without a volume and issue number.

Publication information (books) includes the state 2 letter code with the city and
country written out for all international cities.
All other sources, e.g. media, books, etc., are done per my APA book or the <u>APA 6e</u>
<u>Guide</u> or the <u>APA web site</u> .
I have not simply relied on the database output for APA style but rather have edited
their output to conform to the rules of APA that I have been given.

General Editing and Grammar

I have used spell check and grammar check in my word processing program and
corrected any noted mistakes.
I have read through my paper (even aloud) to determine flow and find any spelling
errors that might not be found with spell check, e.g. using their when it should be there.